

July Menu

LUNCH



WEEK 1

MONDAY

SLICED BEEF
RICE WITH VEGETABLES
BEETS WITH ONION

TUESDAY

BROCCOLI SOUP
CHEESE PIEROGIES
FRUIT SALAD

WEDNESDAY

MOSTACCIOLI
BLINTZ
MIXED VEGETABLES

THURSDAY

TOMATO SOUP WITH RICE
PASTA WITH STRAWBERRY
SAUCE
CARROTS WITH PEAS

FRIDAY

BREADED FISH
WHOLE POTATOES
CUCUMBER WITH SOUR
CREAM

WEEK 2

MONDAY

ALFREDO PASTA
MIXED VEGETABLES

TUESDAY

CHICKEN NOODLE SOUP
CHEESE PIEROGIES
CARROTS WITH PEAS

WEDNESDAY

CHICKEN NUGGETS
FRENCH FRIES
COLESLAW

THURSDAY

VEGETABLE SOUP
MAC AND CHEESE
CARROT AND APPLE SALAD

FRIDAY

SPAGHETTI WITH
MEATBALLS
APPLE PANCAKES
GREEN BEANS

WEEK 3

MONDAY

MOSTACCIOLI
BLINTZ
MIXED VEGETABLES

TUESDAY

BARLEY SOUP
CHEESE PIEROGI
FRUIT SALAD

WEDNESDAY

MEATBALLS
WHOLE POTATOES
GREEN BEANS

THURSDAY

TOMATO SOUP
MAC AND CHEESE
CARROTS WITH PEAS

FRIDAY

SLICED BEEF
RICE WITH VEGETABLES
BEETS WITH ONION

WEEK 4

MONDAY

SPAGHETTI WITH
MEATBALLS
APPLE PANCAKES
GREEN BEANS

TUESDAY

WHITE BORSCHT
CHEESE PIEROGIES
FRUIT SALAD

WEDNESDAY

CHICKEN NUGGETS
FRENCH FRIES
COLESLAW

THURSDAY

VEGETABLE SOUP
MAC AND CHEESE
CARROTS WITH PEAS

FRIDAY

BREADED FISH
WHOLE POTATOES
CUCUMBER WITH SOUR
CREAM